

















PLAYERS:

2 teams of 5 players each, including goal keeper. Game doesn't start if one of the team counts less than 3 players. Substitutes could be 2 max per game.

REFEREES:

An official game is played under a certified referee's authority, here to apply 5-a-side rules

GAME PERIOD:

In official competitions, the regular time is one period of 12 minutes for pool games and one period of 15 minutes for finals. At the end of the period, it the teams have the same score, they will play the penalty shoot-out with 5 shoots each.

KICK OFF:

All the players have to be on their respective sides of the field. The ball has to be positioned on the center circle. Players of team who doesn't get the kick-off has to stand at least at 3 meters from the ball until it's in game.

FOULS:

Fouls sanctioned by a direct kick: contact, dangerous play, tackles, contest, bad behavior, touch the ball with the hand on purpose. All the direct kicks will be done where the foul has been committed. Fouls sanctioned by a corner kick: defense of an opponent player in his team goal area, goal keeper who left his goal area, 3 fouls committed by a team. Penalty has to be kicked without run-up and with a foot on the floor.

TOUCH:

If a player send the ball touch the side nets or roof nets, the ball goes to the opponent team. Players have to stay 5 meters far minimum from the touch point. For the side nets: the touch is played from the touch point. For the roof nets: ball is bring on the closest side. Forbidden to kick directly in the goals.

OUTPUT GOAL:

Allowed when the ball is directly sent in the net behind the goal cage. The ball is back into play by the goal if the ball has been sent by the opponent team, or by the opponent team if the ball has been sent by a defender. In that case, ball is back into play from the halway line.

GOAL KEEPER:

Passes and one-two are allowed. Goal keeper can't get out of his goal area. All the clearance have to be done with hand or on the floor. Players are not allowed to come in the goal area.

PALISADES AROUND THE FIELD:

Rebound on the palisades is allowed. It's forbidden to hang the palisades or the net.